

Swansea Employability Academy (SEA) Case Study



Swansea University
Prifysgol Abertawe

Wiktorija Grzeszkowiak

BA (Hons) Education
Year of graduation: 2022



Whilst studying at Swansea University, Wiktorija engaged with a range of SEA support services; including employability workshops, the Career Development Course, and one to one appointments with the Careers Consultancy team.

The support available at SEA helped Wiktorija look at her options after her degree, realise her career goals and what steps she needed to take to reach them.

At her Careers Consultancy appointment, Wiktorija gained personalised feedback on her personal statement, before going on to study her PGCE.

SEA has supported me during my studies by equipping me with many essential skills and preparing me for the world of work. I have thoroughly enjoyed participating in employability workshops and completing the Career Development Course, as they have both provided me with practical advice about writing a CV, filling in application forms, and attending interviews.

When I was applying for my PGCE, I was able to receive individual feedback and guidance on my personal statement by booking one-to-one appointments with a Careers Adviser, who was extremely helpful and supportive. I also had an opportunity to complete a mock interview, which was a valuable experience that greatly increased my confidence.

SEA has helped me figure out my career goals and how I can achieve them to become a primary school teacher.

For more information on the careers and employability support available to students and recent graduates, visit our webpage:
myuni.swansea.ac.uk/sea